


A close-up photograph of a red, heart-shaped pillow made of a coarse fabric. The pillow has a significant tear on its left side, revealing white stuffing. Red thread is stitched along the bottom and right edges of the heart. A person's hands, with bright red nail polish, are holding the pillow. The background is a light-colored, textured fabric.

INTIMATE PARTNER VIOLENCE WORK

TOWARDS A SAFER LIFE TOGETHER.

VIOLA
VÄKIVALLASTA
VAPAAKSI RY



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- ◆ HOW DO YOU ARGUE IN YOUR RELATIONSHIP?
 - ◆ DO YOU FEEL SAFE?
 - ◆ ARE YOU THINKING WHETHER YOUR RELATIONSHIP IS EQUITABLE?
 - ◆ ARE YOU CONCERNED ABOUT HOW YOUR BEHAVIOUR AFFECTS YOUR PARTNER?
 - ◆ ARE YOU WORRIED ABOUT HOW YOUR DOMESTIC ENVIRONMENT AFFECTS YOUR CHILD?

SEEK HELP. FIND RELIEF.

Confidential support and safety

Violence does not belong in an equitable relationship. Intimate partner violence is behaviour that seeks to establish power and control through abuse, threat and fear. Intimate partner violence is common in all groups of people and seriously affects all areas of the life and wellbeing of those who are subjected to it. Violence does not have to be a part of your everyday life.

Have you acted violently towards your intimate partner, or have you been subjected to violence by your current or former intimate partner? We can help you. We provide counselling for victims and perpetrators of domestic and intimate partner violence. We work with individuals, couples and families and provide peer support and support groups. We operate under the principle of equality.



Now I understand what it means to be heard.

Our services are provided free for the residents of Southern Savonia. Payment commitment is required for children.

Please contact us at 015 365 330 or fill out the request for cold on our website: www.violary.fi.

FROM IMPOSSIBLE TO POSSIBLE.

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