The power of activism

Voices - survivors points of views, needs and roles

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Victim -> survivor -> activist?
A path of healing and growth?

Survivors - workers - activists?
Those who are helped and those who help?

Nothing about you without you!
Change of our perspective, attitude and practice?
Victim -> Survivor -> Activist
Any of us and all of us

Being a respected, valued and equal member of the people around you is the base for empowerment and taking a role in the work against violence.

- To be seen
- To be heard
- Getting information
- Possibility to actively take part and make a difference
- Taking a public stand, testimony

Any of us and all of us
To be seen

• Only some survivors come to us
• We need to get out there to make spaces to be seen, to be heard, to get information and to invite people to take part
• Go to grocery store, library, parents nights at childrens daycare, shoppingmalls, hobbies and sports, culture events
Storyshoes
How do we see others?
- Photoexhibition
The real superheroes
To be heard

Wave Step up –campaign is “Important step” in Finland

Encouraging young people to tell their stories to someone

• Video-competition Speak

• Steps to healing – poem writing competition

Let us also tell without words
• Strength from movements – groups
• Traumasentive Yoga
• Art
Getting information

About safety and violence
• With chocolate and beauty
• Master of Love – test
• Anything, you name it
Serious issue, but information can be given in a fun and easy way

About reactions and consequences
• Just breathe

Not only adults, but children too

Not just for survivors, also as preventive work
Possibility to take part and make a difference

- Peer support in shelters, groups
- Support persons and mentors
- Developing the work: adviser groups and joint workin (co-production) in projects
- The salong-model
- Quality auditioning
- Social media (on anyones initiative)
- Petitions
- Happenings and events
Taking a public stand

- Seminars
- Press conferences
- Public lobbying events
Activism in our work: let's get out of the house!
Outcomes of Janna - the project on Outreach work

• Make different encounters possible
• The person gets to choose when and in what level she wants to be encountered
• There is no setting of one getting help and the other helping - it's about dialogue and sharing

We need to
• Go into unpredictable situations
• Sense the atmosphere
• Act with an open mind
• Find new co-operation partners
Outcomes of Janna
- the project on Outreach work

- It changes our understanding of the terms and boundaries of our work against violence
- Outreach work is done both on individual level and structural level
  -> taking the discussion and space into public places and different professional settings

The effects of workers own lifestory to how they ended up in this profession and to the power balance in relationships and life in general
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Possibility to actively take part and make a difference
Taking a public stand, testimony