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# Sweden's National Centre for Knowledge on Men's Violence Against Women (NCK) and the National Helpline Kvinnofridslinjen

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**NCK**

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MEN'S VIOLENCE AGAINST WOMEN





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## National Knowledge and Resource Center on Men's Violence Against Women

- Uppsala university  
Research, training and information on men's violence against women
- Uppsala university hospital  
Care for women subjected to violence  
(out-patient clinic and telephone helpline)

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# ”Raise knowledge on violence on a national level”

- Collect and spread knowledge, research and methods
- Provide training for students and professionals
- Do clinical research
- Develop new methods
- Support government agencies and organisations
- Provide support for women

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# Violence against women – an issue of human rights

## Globally...

**1993**

UN  
Declaration

**1997**

'WHO  
Statement  
Violence against  
women – a priority  
health issue"

**2011**

The  
Istanbul  
Convention

**2016**

Agenda  
2030,  
Goal  
5:2

**2017**

WHO  
guidelines

## In Sweden...

**1993**

The Swedish  
Commission  
on Violence  
against  
women

**1998**

Violence against  
Women  
Government Bill

**2007**

The Swedish  
Government's  
National  
Action Plan

**2014**

The  
Istanbul  
Convention  
entries  
into force

**2017**

National  
10-year  
strategy

**2018**

Higher  
Education  
Ordinance



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# Higher Education Ordinance

New degree requirements for:

Master of Laws

M.S. in Medicine

M.S. in Dental Surgery

M.S. in Psychology

B.S. in Social Work

B.S. in Physiotherapy

B.S. in Nursing

Higher Education Diploma in Dental Hygiene

”Knowledge of violence against women”

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# New Sexual Offences Legislation

- Sex must be voluntary
- Sex without consent is rape, even when there are no threats or violence involved
- Entered into force 1 July 2018

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# Grevio Evaluation Report, Sweden

- "Strong leader in this area"
- Innovative legislative and policy measures
- Education, research, National Helpline
- Local responses vary greatly
- More effective multi-agency co-operation needed
- Insufficient resources for the investigation and prosecution of sex crimes and domestic violence cases





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# Training and education

Training is one of the cornerstones of NCK's work

- Interdisciplinary perspective
- Linked to international agreements



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# Training for students and professionals on various levels

- University courses
- Contracted education
- Consultation for governmental agencies and organisations
- Teaching media
- E-learning

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# Network with 19 national authorities

“A network for exchanging experiences, sharing ideas and spreading knowledge about violence against women and facilitate collaboration on specific projects”



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# “Tool-kit” for professionals



Webbkurs  
om våld



Webbstöd  
Kommuner



Webbstöd  
Vården



Kunskaps-  
banken



Kvinno-  
fridslinjen



Universitets-  
utbildningar

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# “The NCK Knowledge Bank”

- Information on researchers
- Introductory texts
- Publication/reports from authorities
- Search engine
- Special webpages for social services and dental and health care services



**NCK:S ÄMNESGUIDER**  
Guiderna berör olika ämnesområden och uppdateras regelbundet.

Söker du kunskap om mäns våld mot kvinnor?

Här hittar du ämnesguider med fakta om mäns våld mot kvinnor och våld i nära relationer. Kunskapsbanken innehåller ett 70-tal guider uppdelade på olika ämnesområden. Vi tipsar också om publikationer och forskare inom ämnesområdena.

- [Våld i nära relationer](#)
- [Sexuellt våld](#)
- [Hederrelaterat våld och förtryck](#)
- [Våld i samkönade relationer](#)
- [Barn som upplever våld](#)
- [Vårdsutvärdering och särskild sårbarhet](#)
- [Mäns våld mot kvinnor – ett globalt perspektiv](#)
- [Att mäta våld](#)
- [Vad säger lagen?](#)
- [Vårdsbyggande arbete](#)
- [Hälsa- och sjukvårdens ansvar](#)
- [Kommunernas kvinnofridsarbete](#)
- [Rättsväsendets ansvar](#)
- [Utbildningsinsatser](#)

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# Webpages for professionals

- Social services
- Health Care and Dental Care Services
- Developed in cooperation with County Administrative Boards and The National Board of Health and Welfare



## Webbstöd för vården

Våra utbildningspaket handlar bland annat om grupper som kan vara särskilt sårbara för våld.

Varje paket innehåller en kort presentation av ämnesområdet, länkar till fördjupning och en intervju med en expert. Här svarar personer med stor kunskap inom området på frågor om till exempel bemötande.

[www.nck.uu.se/kunskapsbanken/webbstod-for-varden](http://www.nck.uu.se/kunskapsbanken/webbstod-for-varden)



## Webbstöd för kommuner

Webbstöd för kommuner är ett metod- och kompetensstöd för kommunernas och socialtjänstens arbete med mäns våld mot kvinnor och våld i nära relationer.

I webbstödet hittar du regelverk, kunskap och information om att arbeta med människor som utsatts för våld. Webbstödet har tagits fram av länsstyrelserna och Nationellt centrum för kvinnofrid.

[www.nck.uu.se/kunskapsbanken/webbstod-for-kommuner](http://www.nck.uu.se/kunskapsbanken/webbstod-for-kommuner)



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# Online Course for Professionals

59





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# Research, method development and the national helpline Kvinnofridslinjen

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Åsa Witkowski  
Head of Clinical Department







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# National Action Programme for the Management of Victims of Sexual Assault

Governmental commission initiated  
by the Minister of Justice in order to

- improve the medical and psychosocial care
- clarify the health care services' role in the judicial process



<b>CONTENT</b>	
Instructions for examination and collection of samples	1
Patients data	2
Examination	3-6
Examination with collection of samples	4
Consent	4
Female genital	6
Male genital	8
Body programs	9-11
Templates for forensic medical reports	10-13

To bear in mind  
when meeting  
the patient

#### PRIORITY PROCEDURE

<b>Security</b>	Make sure patient is safe
<b>Control</b>	Remember: Basic and
<b>Privacy</b>	Make sure patient is
<b>Information</b>	Explain the function of
<b>Evidence collection</b>	The need for
<b>Allow the patient to request services</b>	Be prepared
<b>Child victims</b>	A patient due follow
<b>Children at home</b>	Are they
<b>The patient's need for protection</b>	Is there
<b>Follow-up</b>	Make sure
<b>Forensic medical report</b>	Follow the



**HANDBOOK**  
National Action Programme for  
the Health Care and Medical Services'  
Reception and Care of Victims of  
Sexual Assault

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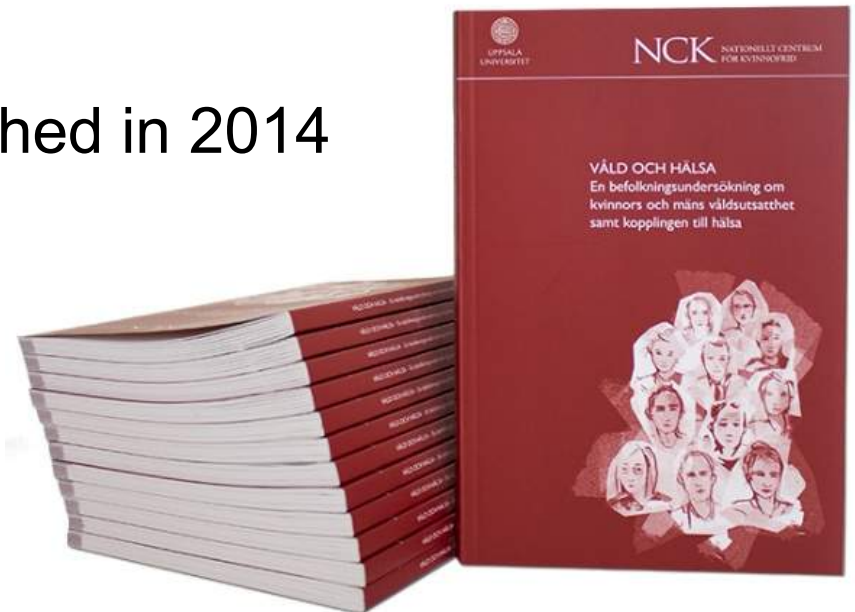
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# “Violence and Health in Sweden”

- National prevalence study
- 10,000 women and 10,000 men
- Exposure to sexual, physical and psychological violence during lifetime
- Links to health
- First report published in 2014



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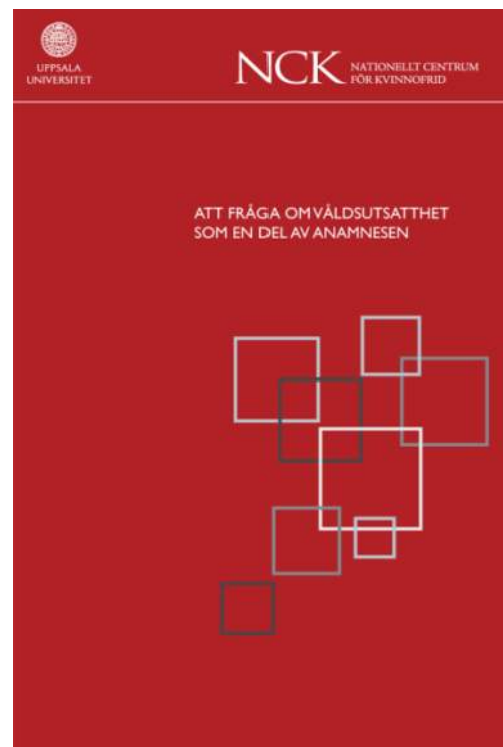


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# Routine questions in health care

19 authors, experts  
in their fields

Recommendations



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# Benefits of identifying abuse

- Adequate help for women subjected to violence can be provided
- Can explain symptoms
- Improved quality of life for the woman
- Less use of health care resources

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# Positive reactions

Studies show that

- Most women find it positive to be asked
- Very few find it disagreeable
- They wish to be asked in safe and confidential surroundings

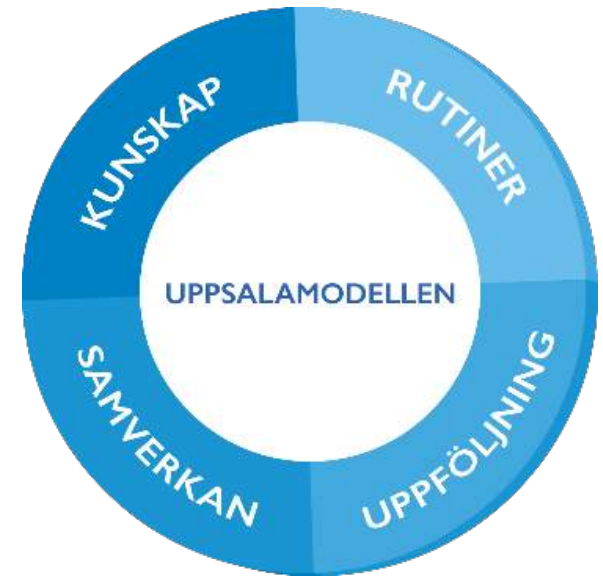
“Men’s Violence against Women – a Challenge in Antenatal Care”  
Stenson (2004)

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# The Uppsala Model

KNOWLEDGE - ROUTINES - COLLABORATION - FOLLOW-UP

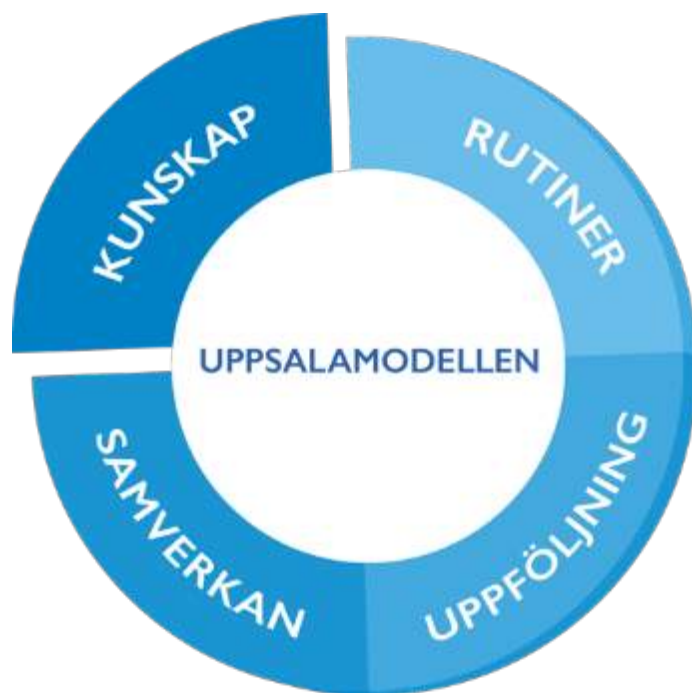
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*Knowledge is necessary in order to change attitudes and secure that victims of violence receive appropriate support and care.*

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# Training films for professionals



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# NCK's out-patient clinic

- Started in 1994
- The first specialist clinic in Sweden for women subjected to violence
- Specialist nurses and doctors (psychiatrist, gynaecologist, GP)
- Cooperates with forensics and the gynaecological emergency unit



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## Kvinnofridslinjen – Sweden's National Helpline

- Commissioned by the Swedish Government
- Run by NCK's clinical unit at Uppsala University Hospital
- Started in December 2007
- Over 36 600 calls in 2018 (population in Sweden 10 million)



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# Professional and easily accessible

- Open 24/7/365
- Professional staff
- Free call, does not appear on the phone bill
- Information about local resources all over Sweden: women's shelters, social services, medical care et cetera
- Access to interpreters
- Website
- Information available in 27 languages



020-50 50 50  
**Kvinnofridslinjen**

**Tukipuhelin naisille, jotka ovat kokeneet  
fyysistä, henkistä tai seksuaalista  
väkivaltaa tai niiden uhkaa**

Naisten tukipuhelin toimii NCK:n (Kansallinen naisten turvakeskus) alaisuudessa  
hallituksen toimeksiannosta.

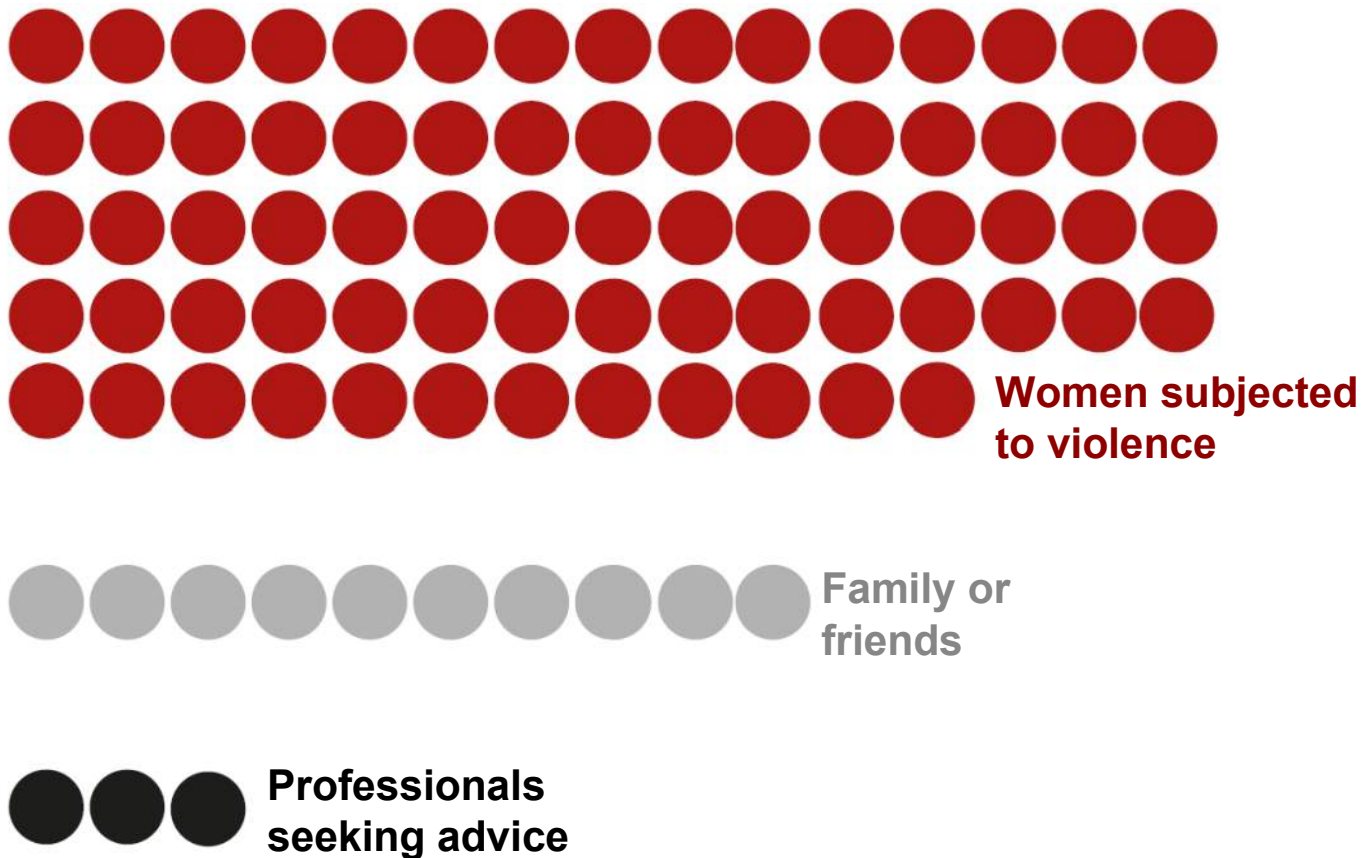
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# 100 calls a day in 2018



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# Voices from Kvinnofridslinjen

"He started hitting me after a year and I've done everything he wanted. I've stopped working, stopped seeing my friends, stopped leaving the apartment. I just sit at home. Will it be okay now?"



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www.kvinnofridslinjen.se/en

020-50 50 50  
Kvinnofridslinjen

Lättläst svenska

Search the website... Select Language

Being Exposed to Violence For Family and Friends About Violence Against Women About the Helpline

## Kvinnofridslinjen - Sweden's National Women's Helpline

Kvinnofridslinjen **020-50 50 50** offers support to those subjected to violence and threats.

**Need someone to talk to?**  
Call us if you would like to talk about your experiences.  
[Read more](#)

**For Family and Friends**  
To suspect or know that someone you know is affected by violence can create anxiety and frustration.  
[Read more](#)

**Questions and Answers**  
We receive many questions

020-50 50 50  
Kvinnofridslinjen

Lättläst svenska Teckenspråk

Sök på webbplatsen... Select Language

Om stödtelefonen Att vara utsatt Att vara anhörig Att arbeta med frågorna Om mäns våld mot kvinnor

Home / Telefonkort / Finska - Suomi

## Finska - Suomi

Kvinnofridslinjen, puh. 020-50 50 50, on koko valtakunnan kattava tukipuhelin fyysisen, henkisen tai seksuaalisen väkivallan kohteeksi joutuneille naisille. Meille voit soittaa myös uhrin omaiset tai ystävät. Ympäri vuorokauden toimivaan palveluun voi soittaa ilmaiseksi kaikkialta Ruotsista eikä puhelu näy puhelinlaskussa.

Voit soittaa Kvinnofridslinjelle, jos haluat keskustella kokemuksistasi jonkun kanssa tai jos sinulla on jotain kysyttävää. Puheluihin vastaavat sosionomit ja sairaanhoitajat ovat tottuneet kohtaamaan vaikeisiin elämäntilanteisiin joutuneita henkilöitä. Henkilöstöllä on valtiolovelvollisuus ja voit halutessasi esintyä nimettömästi. Saat kertoa meille mitä itse haluat ja jaksat.

Meidän tehtävämme on kuunnella ja antaa ammattimaista tukea. Saat meiltä käytännön neuvoja voidaksesi muuttaa nykytilannettasi ja päästä elämässä eteenpäin.

Kerromme, millaista apua voit saada omissa kunnassasi tai kenen puoleen voit kääntyä terveyden- ja sairaanhoidossa. Kerromme myös, miten voit tehdä rikosilmoituksen.

Voimme halutessasi myös kertoa paikoista, joista voit saada lisäapua. Jos esimerkiksi tarvitset suojatun asumismuodon tai muuta apua naisille tai tytöille kohdistetulta päiivystysvastaanotolta. Tiedämme esimerkiksi mitä kielillä eri vastaanotoilla puhutaan ja ovatko tilat sopivia myös toimintarajoitteisten käyttöön.

Jos et puhu ruotsia, voimme tarjota puhelintulkkausta monilla eri kielillä. Odota puhelimesa, kunnes saamme yhteyden tulkkiin. Se vie korkeintaan 15 minuuttia.

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