



Instructions for workers

**Turva10 is a tool for bringing up different topics
with preschool and school-aged children**

The purpose of Turva10 is to support discussions between a worker and a child when talking about experiences of safety and insecurity. Experiences are addressed in a way that, from the child's perspective, supports his or her well-being, empowers him or her, and increases his or her safety. Turva10 is not a screening tool for abuse or violence.

During a Turva10 discussion, the worker brings up safety-related issues, and the child is allowed to share his or her thoughts and feelings. It also allows the child to describe any fears and violence he or she may have experienced. Turva10 can be used with all children, and it does not require the worker to be concerned about the child's insecurity or abuse.

The illustrated version allows the child to actively participate in the conversation (by drawing, selecting images and colouring them in or ticking them).

Instructions

Turva10 is a tool that can be used as a support when bringing up experiences of safety and insecurity with all preschool and school-aged children. The worker is responsible for managing the discussion according to the child's level of development, without leading, interpreting or forcing the

child into anything. By asking additional open-ended questions, the worker can obtain a better understanding of the child's thoughts.

It is important that you maintain a safe atmosphere and give the child positive feedback about his or her safety experiences.

Be there for the child and stay sensitive. Take note of how your actions affect the child. Show the child that you care. If the child tells you that he or she has experienced violence or if you become concerned, talk to the child about involving other people: tell them that you will contact their parents or a social worker in the family services in your area, for example. It is important that you tell the child about everything you do. Using Turva10 may provoke different thoughts or feelings in a child.

Please make sure that, if necessary, the child has the opportunity to continue the conversation about his/her safety either with you or with somebody else who can help.

Also ensure that you are familiar with the guidelines at your workplace on how to file a child welfare notification and how to report an offence as well as how to contact the family services in your area and the nearest refuge so that you can guide the family to these services if necessary.



- + Support the child's agency
- + Enhance the child's self-image
- + Ensure the child is safe



- Turva10 is not an assessment tool
- You do not need to go through everything; just one question can spark a discussion
- Do not use if the child is undergoing a forensic psychological evaluation



Further information:

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