

How are you feeling? Colour in the smiley that shows how you feel.













1. Where is a good place for you to be? Is there a place where you do not like to be? Select image(s).







WITH SOMEONE With whom?



NURSERY/ SCHOOL



SOME OTHER PLACE Where?



ALONE



NOWHERE

2. Who is an important person to you who you can always go to and talk to and tell important things to? Select image(s) Are there any things that you are not allowed to talk about?



MOTHER



FATHER



SOMEONE ELSE Who?



A FRIEND



A PET



NO ONE

3. What things, situations or people scare you? Select image(s).



THE DARK/ NIGHTMARES



LOUD NOISES



GAMES AND PROGRAMMES



ALCOHOL AND DRUGS



BEING ALONE



A PERSON Who?

4. What do you do when you are frightened? Select image(s).



I HUG SOMEONE



I GO AWAY/ I HIDE Where?



I TALK
To whom?



I CRY

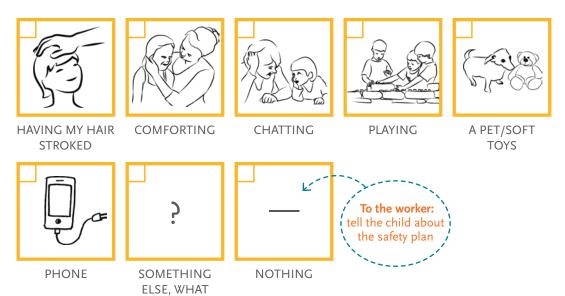


I GET ANGRY



SOMETHING ELSE/NOTHING

5. What helps you when you are frightened? Select image(s).



6. Families sometimes argue. What happens when there is an argument in your family? Select image(s).



7. How are arguments resolved in your family? Select image(s).



TALKING



SHAKING HANDS/SAYING **SORRY**



HUGGING



TOGETHER



DOING THINGS SOMETHING ELSE How?



ARGUMENTS ARE NOT RESOLVED

8. What are you good at? Select image(s).













SPORTS

DRAWING

PLAYING

DOING THINGS

BAKING

SOMETHING ELSE What

9. What happens when you do something that your parents do not like? Select image(s).













WE TALK

I GO TO MY ROOM

I GO TO THE CORNER

YELLING

MY HAIR IS PULLED

NOTHING / I GET SLAPPED SOMETHING ELSE What?

10. What do you do when you are happy and feeling well? Select image(s).













SPORTS

DRAWING

PLAYING

LAUGHING

MUSIC

SAFE WITH OTHER **PEOPLE**

How are you feeling now?

