



Talking about the safety of a baby or toddler

1. How do you know that your child is feeling safe?
2. Who do you think are your child's safe loved ones?
3. We all have many good qualities. What do you think are your child's characteristics that help him or her in different situations?
4. Sometimes children find certain situations frightening. What situations do you think are frightening for your child?
5. Every family argues sometimes. How do you think your child reacts when you have an argument and when it is resolved?
6. What does your child do when he or she is frightened or feels bad?
7. What do you do when your child is not well, e.g. when he or she is afraid, feeling bad or feeling insecure?
8. Everyday life can be challenging sometimes. What kind of help do you need in those situations to make you and your child feel better? Do you have anyone who can help/support you in difficult situations?
9. When do you and your child feel good together and what makes you happy?
10. As a parent, you are the most important thing in the world to your child. What can you do right now to make his or her life safe?



Instructions for workers

Turva10 is a tool for bringing up different topics
with parents of babies and toddlers

Turva10 is a tool that you can use to make people understand the difference between safe and unsafe care and nursing. A safe living environment and good care offer children circumstances in which they can grow up happy. Turva10 for babies and toddlers is suitable for bringing up safety-related topics with children aged 0–3. It is not a screening tool for abuse or violence.

Turva10 for babies and toddlers makes it easier for a parent to think about things from the child's perspective and for the worker to raise safety-related issues. Babies cannot describe their insecurity verbally; instead, they express their feelings with their bodies, faces and gestures.

Instructions

Turva10 can be used in discussions with all families, and it can be used even if there are no concerns about their circumstances. The discussion encourages parents to look at things from children's perspective. It also helps parents to put themselves in their child's position.

To support the discussion, you can use the card Vauvan turvakortti ('A baby needs safety and good care')¹ and the chart Kannustavan kasvatuksen nelikenttä ('Supportive Upbringing')². They provide practical information on what is safe care for a child and what things create insecurity. Turva10 may provoke different feelings, thoughts and memories of childhood or relationships in adults.

Please make sure that, if necessary, the family has the opportunity to continue the conversation about safety either with you or with somebody else who can help. Also ensure that you know how to contact the family services in your area and the nearest refuge so that you can guide the family to these services if necessary.

If you become concerned, talk to the parent about involving other people: tell them that you will contact a social worker in the family services in your area, for example.



- + Support the parent's agency
- + Enhance the child's self-image
- + Ensure the child is safe



- Turva10 is not an assessment tool
- You do not need to go through everything; just one question can spark a discussion
- Do not use if the child is undergoing a forensic psychological evaluation

1) **Vauvan turvakortti:** https://issuu.com/ensi-jaturvakotienliitto/docs/vauvan_turvaympyra_2018

2) **Kannustavan kasvatukseen nelikenttä:** http://virtuaalikirja.fi/ensijaturvakotienliitto/wp-content/themes/idea-ensi_ja_turvakotien_liitto/img/kannustava_nelikentta.pdf